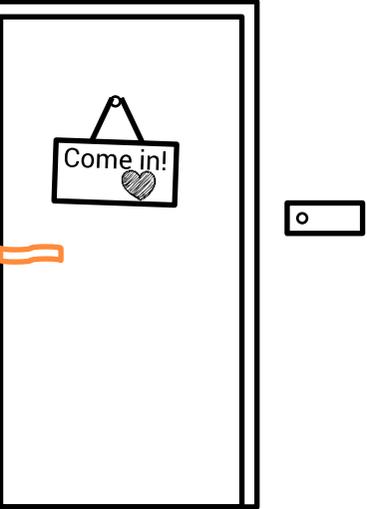


working day?
ew Hoffice



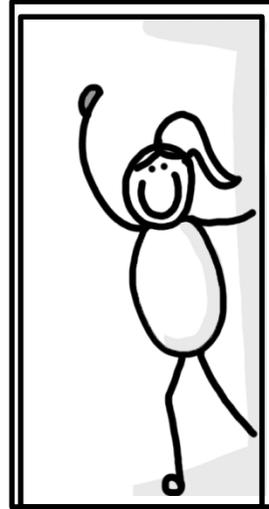
To get started,
find your local Hoffice facebook group



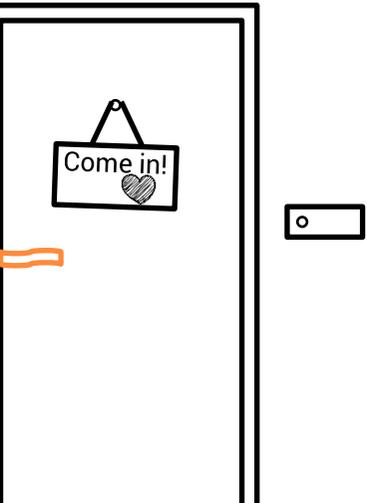
hoffice.nu/en/find-or-start-a-hoffice-group/

and sign up for the next event!
No local community yet? Learn on the homepage how
to start your own: hoffice.nu

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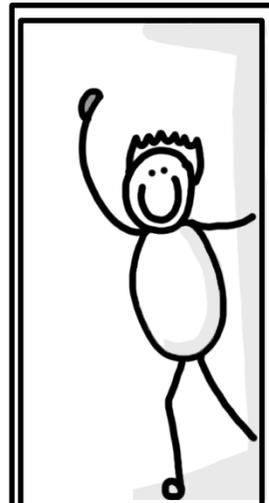
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Home + Office = Hoffice - a new style of working on your home working day together with others



you sign up
for a Hoffice event in
your local Hoffice group



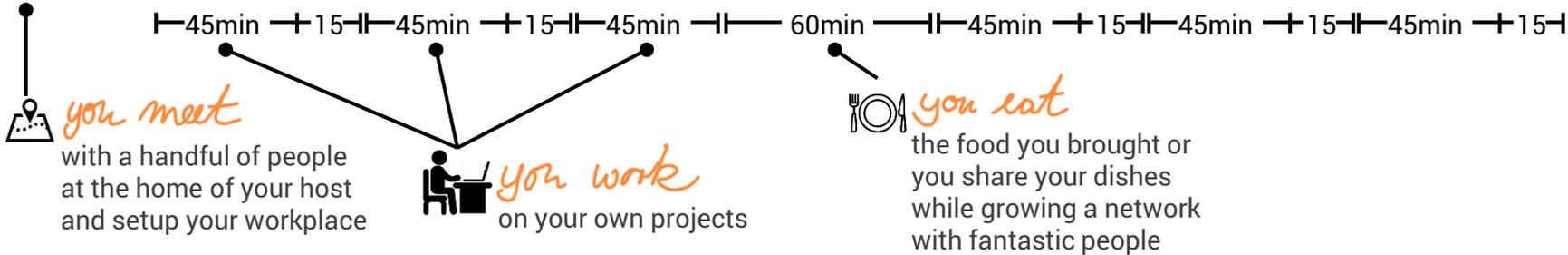
you kick off the day
with stretching or a moment of
mindfulness and a round, where
you state your day's goals



you take a fun break
stretching, walks, games
and state your next 45min goals



you celebrate
that you have reached
your day's goals on a
great day in the Hoffice



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